

GAMeNews@Med

A newsletter | That speaks | About us

Newsletter n°1 2019



What is GAMe about?

We can say it is about international work-shops, providing opportunities for Mediterranean students to be able to meet and express themselves and learn about different cultures. Even though all of that is true, GAMe is really about progression.

Sherine El-Wattar

GAMe Ambassador of Egypt



Ten shades of green

I'm Francesca Romana Veriani, an Italian member of GAMe. Despite I am Security Engineering student, I have recently become a journalist and I deal with the editorial design of our newspaper. I think it's time for a GAMeNews makeover!

We chose the green color as a common thread to tell the "ten shades of resilience" told through the eyes of our members because of the issue of 2019.

*What is **resilience**? Resilience is the process of adapting well in the face of adversity, trauma, tragedy, threats or significant sources of stress — such as family and relationship problems, serious health problems or workplace and financial stressors. It means "bouncing back" from difficult experiences.*

Our editorial philosophy focuses the attention on the different cultures and origins of all of us.



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What is GAMe?

GAMe is an international association of Mediterranean students. It is apolitical, laical and non-profitable network belonging to engineering and management schools whose members join on an exclusively voluntary basis.

The project

The GAMe Committee is composed by a representative per Mediterranean Country.



Students having a key role to play in society, GAMe guides its members towards being aware of it and prepared for it. Therefore, GAMe will give its members the opportunity to express themselves during meetings or workshops. Then, students will be able to train at speaking to an assembly and to pass ideas clearly.

Monica Cardarilli

GAMe Ambassador of Italy

It is considered as another value, because it can make our newspaper better and act as a bridge between our countries. Exposing yourself to various cultures is so vital towards personal growth. Why did we choose green? First of all because it represents hope. Everyone of us hopes to transmit the message and keep in touch with as many people as possible. As Pedro Calderon de la Barca said: "Green is the main color of the world, throw it grows up beauty".

Let's start our adventure together!

FRANCESCA ROMANA VERIANI
GAMe Ambassador from Italy

Activities and events in which we took part in 2018

International Conference Organizing Urban Resilience to Major Risks

May 31st - June 1st 2018, Bruxelles

The European Fund for Engineering Education Development (EFEED) with the European Economic and Social Committee (EESC), the European Committee of the Regions (CoR) and the European Commission (EC) were the organizers of the International Conference "Organizing Urban Resilience to Major Risks", held on May 31st and June 1st 2018 in Bruxelles.

The topic covered from a broad perspective, tackling issues related to prevention, simulation, organisation of emergency, as well as resilience.

The conference wanted to solicit the higher education institutions, research and innovation centers involved in resilience to present their scientific contributions to the theme, bringing together the leading companies in water supply, energy, ICT and transportation sectors, the main insurance companies concerned as well as cities and regions in Europe, Union for the Mediterranean and Russia.



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The next step

It is by criticizing ourselves that we evolve. What I'm saying is what if every young GAMe person, tried to help the network using its skills in its own area and specialty. I'm pretty sure that this way, we could build a whole world.

Salah Charef

GAMe Ambassador of Morocco



It was opened by the chairman's speech Didier Lombard, starting with *New Challenges of Urban Resilience* in which a survey on Major Risks on cities, regions and companies has been presented.

Resilience Systems, Position statements and Policies have been discussed by Rockefeller Foundation, Resilient Engineering Network and DG JRC focusing on disaster resilient societies and community of users as well as on strategies for improving urban resilience in Europe.

In the panel of *Networks of Actors and Stakeholders for Resilience*, some companies shown how to face risks in industry, the management and standardization of processes and procedures as well.

The next session on *Extreme situations in Neighborhood Countries* was in charge of students representatives of the Mediterranean union RMEI and Russian Federation focusing on the role that international networks may give to education and training, research and innovation developing an inclusive and cooperative contribution.

Finally, the conference ended with some concluding remarks and recommendations on the role of institutions and companies towards a smart future of resilient generations.

MONICA CARDARILLI
GAMe Ambassador from Italy

What is resilience? Resilience is the process of adapting well in the face of adversity, trauma, tragedy, threats or significant sources of stress – such as family and relationship problems, serious health problems or workplace and financial stressors. It means "bouncing back" from difficult experiences.

Resilience starts from us

Resilience is the ability to cope with life's ups and downs, and bounce back from adversity.

It is the capacity to recover quickly from difficulties; toughness.

Being resilient is not about keeping things inside, but expressing how you feel and moving forward.

The resilient person knows how to control their emotions so that they are able to push forward with a plan of action.

Improving resilience through thinking and acting

There are two basic ingredients to resilience as processes of responding to situations:

- **Thinking:** being able to interpret the events, noticing what is going on around you;
- **Acting:** our ability to cope with the challenges that we face.



Resilient people are aware of situations, their own emotional reactions and the behaviour of those around them. By remaining aware, resilient people can maintain control of a situation and think of new ways to tackle problems through coping skills.

Another characteristic of resilience is the understanding that life is full of challenges. While we cannot avoid many of these problems, we can remain open, flexible, and willing to adapt to change.

Break through your mental boundaries

People are often hedged in by boundaries, most of which are mental barriers that they themselves create. Many things that people think are impossible are in fact possible by simply expanding their knowledge. The only thing that you need to do in order to achieve them is put in a little bit of effort.

We all face adversity in our life. However, it's not the adversity, but how we react to it that will determine the joy and happiness in our lives...learn how to dance in the rain?



Learning to Dance in the Rain

Life isn't about waiting for the storm to pass... It's about learning to dance in the rain.

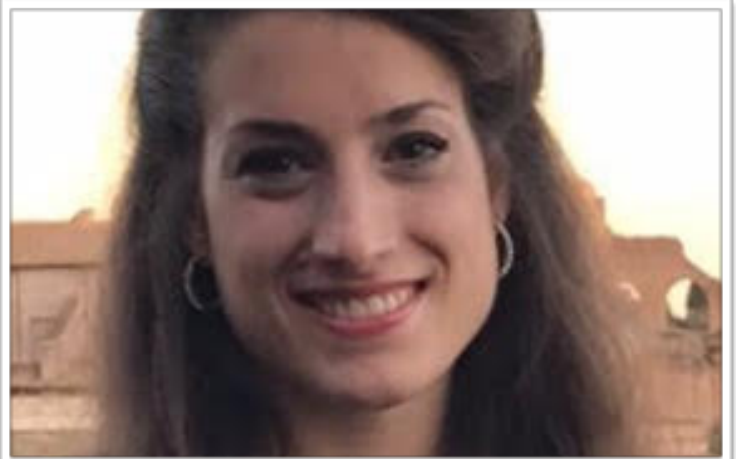
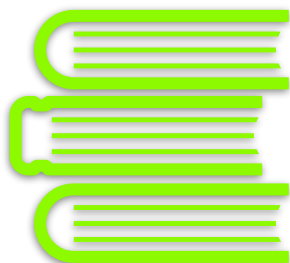
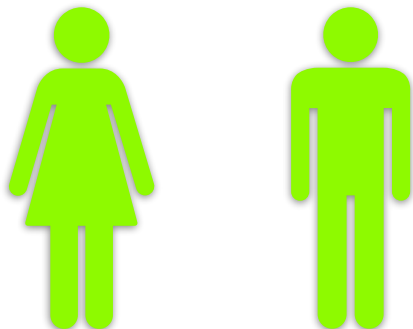
- Vivian Greene -

Life is not about waiting. It is not about avoiding the storm. And it is most definitely not about waiting for the storm to pass.

The quote concludes by saying that life is about learning to dance in the rain. It's about learning to live with, and even enjoy the inevitable storms of life. We all will face storms in our lives. It is up to us to determine how we will respond to these disruptions. It is our choice looking at Alternative Scenarios, Alternative ways of facing life's situations and challenges going beyond our borders.

MONICA CARDARILLI

GAME Ambassador from Italy



L'Aquila Working Group:

Prof. Paola Rizzi is an Associate Professor in Urban Studies. She currently works at the Department of Civil, Construction-Architectural and Environmental Engineering (University of L'Aquila). Paola does research in risk reduction design, disaster mitigation and urban design, urban gaming simulation and participatory planning and design.

PhD. Lorena Fiorini is an Environmental Engineer with experience in Land Planning. She currently is a research grant at the Department of Civil, Construction-Architectural and Environmental Engineering (University of L'Aquila). Lorena does research in land use change, sustainable development, environmental assessment techniques and GIS techniques for territorial analysis.

Sophie Fontana is studying Civil and Environmental Engineering at the University of L'Aquila and has recently become a new member of GAMe.

Cristina Montaldi is doing a Master's Degree in Environmental Engineering at the University of L'Aquila.

And other colleagues that we reserve to involve in progress for a better outcome of the Workshop.

Resilience from the perspective of Sophie Fontana

Resilience is the ability to cope with life's ups and downs, and bounce back from adversity.

I'm also a new member of GAME and I'm truly looking forward to meeting all the other members of this community. On April 6th 2009, at 03:32 local time, L'Aquila was hit by a 6.1 magnitude earthquake. Despite living approximately 50 km from the city, I remember being woken up that night by a terrible rumbling sound, followed by intense shaking. It was only after switching on the TV that I understood that L'Aquila was the epicentre.

The images I saw on TV were devastating but the realization of what had actually occurred that night only came two months later when I visited L'Aquila for a regional sporting event, and saw with my own eyes the aftermath and heard the real life testimony of those who had lived the experience of seeing buildings collapse before their eyes.

The world has always experienced natural disasters but it is now also facing other phenomenons such as bizarre changes in temperature and an increasing frequency of extreme weather events. And this is where resilience comes into the picture. As defined by the United Nations International Strategy for Disaster Reduction, resilience is "the ability of a system, community or society exposed to

hazards to resist, absorb, accommodate to and recover from the effects of a hazard in a timely and efficient manner". Since not all threats or disasters can be foreseen, the concept of resilience is gaining more and more importance within communities, who must accept this condition and therefore have to learn how to adapt and deal with risks as to minimize the impact on a human, social, economic and environmental level, and also to prepare for any future events.

When considering all the aspects of resilience, I believe that a key role is played by community resilience.



As a student in L'Aquila, I was able to witness the community's willpower to adapt to the big changes the city had gone through while trying to get back to normal. For example, amidst the building sites, chaos and noise, people in L'Aquila still enjoyed a coffee and a stroll in the historic centre, supporting local businesses and in some way reclaiming normality.

So, this is why, in my opinion, community resilience is important: because the will to carry on, to encourage and to help each other regardless of the difficulties can

accelerate the healing process and really make a difference.

SOPHIE FONTANA

GAME Ambassador from Italy

Resilience from the perspective of Anastasia Pritsa

When you first think about the meaning of the word resilience a big field of several ideas will cross your mind.

The word resilience originated from Latin and expresses the power to return to the original form after being compressed or the ability that someone has to recover readily from physical or mental illness. Being resilient is a goal nowadays no matter if we talk about a person, a building or an ecosystem.

The best part is that resilience can be



learned. One way a person can build resilience by assessing situations with objectivity, a building can be more

resilient if the materials that have been used during the construction add to its flexibility and an ecosystem through the many years of evolution can develop its own resilient mechanism.

Approaching the matter from an engineer's point of view resilience is a controller that brings the system to an old or a new permanent state after a disturbance changes several parameters of the system. In that case someone has to prepare and create the perfect controller that will make the system resilient. However there is no such perfect controller that can be used in human life. So everybody has to be ready to adjust to difficult situations, think clearly and be in control of their mind and emotions in order to overcome any challenge.

ANASTASIA PRITSA

GAME Ambassador from Greece

Resilience from the perspective of Christopher Ketzitides

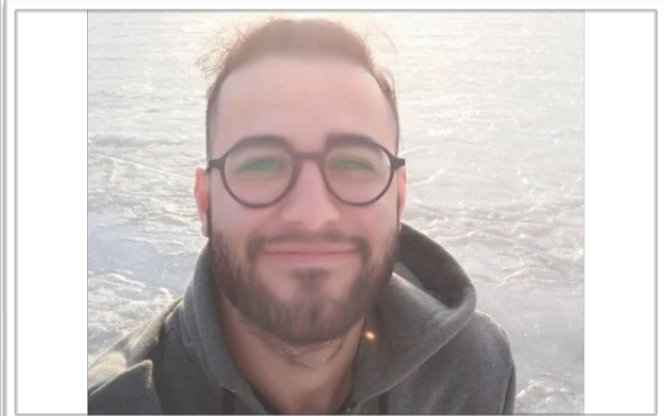
As we know the word resilience refers to a lot of different situations in the case of each's point of view.

From the past until now and the aspect of mine the word just by itself it means nothing. It is the way in the sentence and the refer in something specific that makes this common word such a powerful one. In the engineer's way the first thing that comes to mind is something that can

withstand under force and comes with no damage. For example a material of iron can survive a kind of big pressure without any damage. Also, in the conversation with common people they give me a point of view as resilience means the way a building achieve to avoid damage of fluid or earthquake. By having a discussion with professor and colleagues, made me think a bit deeper about resilience. As an "earthiest", I have understand that is the earth ,as idea, which can survive under the damage both of the human race and the universe's part. For me that is the resilience of our planet. For example when the ice in the north pole melts the cold water come down to the north part of Europe. But there is a surface ocean current from Gulf of Mexico which is warm and hits the coasts of Portugal, France and United Kingdom. The melting make some changes in the temperature of the warm current that also this can change the climate of these countries, the fauna and maybe the agricultural of the region. In that way the planet tries to balance the situation of the temperature. A low percent of the elephants used to be born without teeth. That protected them from the hunting of the poachers. In that way as the remaining males after some years they passed their DNA to the next generation and know more and more of the elephants are born without teeth. This is a kind of resilience of nature and animals. Also, the society has its part in this word. Is the way of our people, who withstand a lot of difficulties everyday even has to do with the job, the dept, the illness or death that describes the resilience of their character. What about the community globally which tries its best to

recover of every wound beyond the time and to the future. From WW to illnesses and to natural disaster every time it's the community which choose to deal with the problem and find the solution and make the progress a real thing. The resilience has the deep meaning which we choose to give and every one has to take the next step by sharing his view with the others. As I have made up my mind a few things about resilience also someone else has more to add and must to share it with me.

This has not to do with the occupancy of the idea but it is needed because resilience



is a part of the present and future itself, as the reason we go forward and make the world a better place. Concentrates a variety of circumstances and that makes the word so unique. I am looking forward to sharing my thoughts. GAME maybe means exchange of ideas and i hope i will find out more in the near future.

CHRISTOPHER KETZITIDES
GAME Ambassador from Greece

Resilience from the perspective of Vassilis Varnas

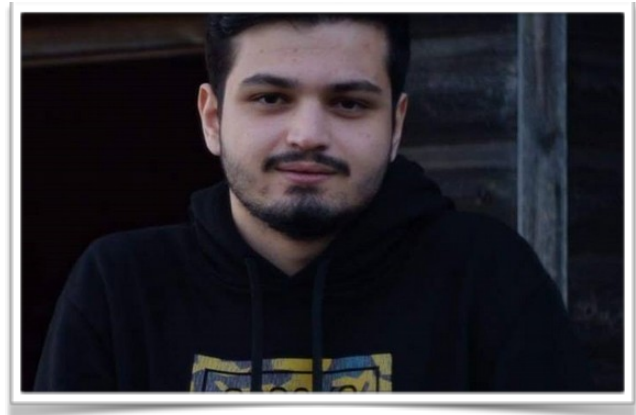
In my perspective resilience is an old fashioned concept, there is no arguing that we live in a fast paced world, that when something is broken or not functioning properly we throw it away.

There is a really humble example that reflects accurately in my opinion the term resilience.

In ancient Japan a method of repairing old pottery was developed called kintsugi "golden repair" that as the name indicates it was about repairing ceramic household objects with golden joints. The philosophy that lies behind this humble craft is that it treats each crack and breakage as a part of the item's history, rather than something to disguise.

The term "resilience" nowadays can be found in many fields and generally in life and such examples are: medical resilience, psychological resilience, urban resilience and so on. Even though it seems that humanity has forgotten it's value we still use it with pride because we are, in a good way, irreversibly stubborn. Ernest Hemingway said "The world breaks everyone and afterward many are strong at the broken places" this applies to humans that face their personal struggles but i want to believe that this captures the way a society becomes wiser after a tragedy.

Resilience is the mechanism that prevents history from repeating itself, it's learning from your mistakes to face the challenges of the future. This word captures my attention in the form of urban resilience because as a future civil engineer i imagine that cities are something more than concrete and steel. The term resilience for urban communities is expressed through the entities that protect it such as: crisis management,health-care ,law enforcement,social services.



The problem we are called on to solve is the way these entities are programmed to function efficiently and smoothly.The parameter that we find in every kind of urban crisis is that they are all time sensitive, a few minutes delay in communication could mean loss of life. The solution to this problem is using computational methods that react faster than humans for example: satellites(wildfires) Richter sensors(earthquakes).

Even though these methods are already used to some extent there is much room for improvement, especially in Greece that there is a phobia in the use of technology for something so important.

In conclusion the future of urban resilience is a combination of human decision making with the aid of a smart software.

VASSILIS VARNAS

GAME Ambassador from Greece

Resilience from the perspective of Sofia Stavrou

Resilience reminds me the word resist.

Resist in the ups and down of life that each of us has to deal with nowadays and bounce back. Like materials every person has his own resilience that comes from his inside.



But it is important that exists a balance between the way we deal with the good or even bad challenges. So resilience could be characterized as the indicator of our interior strength for balance and recovery . I believe that is a skill that can be learned with practice. It needs self-confidence and acknowledgement of the personal needs.

Getting perspective of each situation, comparing the undeserved bad things with the unearned good ones that have happened in order to realize that tough situations are not only inevitable but an important part of forming personality. To sum up we should wish for health, luck , happiness but also building up resilience and having optimism for every step.

SOFIA STAVROU

GAME Ambassador from Greece

Resilience from the perspective of Elefteria-Ariadni Kyriakou:

The etymological root of resilience is the French word *sallire*.

Sallire means to overstep the tenor of a situation, to adjust without going through permanent deformation. Resilience, from my perspective, is relevant in many areas such as science, mechanics, ecology, politics and society, economy and psychology. For example, in science the idea of cellular resilience is studied so scientists can come to a conclusion for the way certain cells operate and to create new medicine and new medicine administration methods that can have an impact to resilient cells. Furthermore, in mechanics resilience is present in materials that are used by engineers for the construction of buildings and facilities in industrial scale to achieve durability but also in the methods engineers use to handle industrial waste and waste that is caused by natural disasters so they can

maintain balance in the environment. In addition, in ecology resilience is part of the attempts that are made to maintain the diversity of the ecosystems and restrict climate change.



In politics resilience is part of democracy and aims to teaching people to become active members of society, have an opinion, have a voice that represents themselves with no oppression for one-dimension approach which might cause paralysis to society. Also, resilience in economy could contribute to overcoming financial crisis by creating a flexible economical system that not only will be able to recover but also avoid any economical threat. Finally, resilience is a big part of psychology and mental health. The idea of resilience is people to feel strong enough to overcome difficulties by accepting them, talking about them, adjusting to the situation and rising above it. In conclusion, I believe that resilience is the main factor for global prosperity. This fact inspires me to set goals for the future, brings me in front of challenges, persuades me to fight my doubts and difficulties and, finally, search for

resilience in all aspects of my journey in engineering and in my personal life too.

ELEFTERIA-ARIADNI KYRIAKOU
GAME Ambassador from Greece

Resilience from the perspective of Dhekra Rhaiem

The first time I heard about «resilience» I didn't understand what that even means; To even read a definition of it you may not get it.

You need to get deep with it to feel the true meaning of it especially to know that our great legacy "The next MICHELANGELO WORKSHOP" theme is going to be RESILIENCE. As an ambassador for Tunisia , a GAME member for 6 years Now I have to feel the connexion between both. They define *resilience* as using your energy productively to emerge from adversity stronger than ever. Such a great definition that lead right to the point. We have been trying all these years to unite the Mediterranean cultures and create acceptance in students coming from different cultures and background and some of them holding some negative and pre-judgements about a different race, a different religion , any difference from whatever he used to see. And GAME is resilient with all these obstacles and negative vibes that poison our minds and hold is from unity and peace.

I have found that resilience has three dimensions form a comprehensive resilience framework:

the *interpretation* of current adversity and future possibility, the *resilience capacity* to tackle adversity, and the *actions* needed to become more resilient in the face of the adversity.



In fact, Resilience is the capacity that ensures adverse stressors and shocks do not have long-lasting adverse development consequences.

In a world that human beings face different adversity it is necessary for us as GAMe that our purpose to spread love, peace through our cultural aspect and encourage young students to fulfill their dreams and help them through our technical aspect and HOMERe program.

So it is necessary to evocate resilience and to discuss it with the future leaders of the Mediterranean in order to build a solid chain that connect us all.

For as, GAMe as we believe if we let our light shine, we unconsciously give other people permission to do the same, as we are liberated from our own fear and overcome obstacles our presence liberates

others connected to us. As we are resilient may you all be the same.

DHEKRA RHADEM

GAME Ambassador from Tunisia

Dealing with change & being a good communicator

Dear all, this is Gizem Toker. I represent myself first to you.

I am the Turkish GAMe ambassador. And, this is my letter to you to explain what is the meaning of Resilience for me. By the way, my department is International Relations. And, I am interested in cultures and different traditions.

Before anything else, the meaning of Resilience is related to the **multiple-vision** for me thanks to GAMe association and its members. I would like to explain this word in practical;

WHY?

When you explain why, you reach to the **multidisciplinary approaches**. If you are in an engineering group of people and your department exactly far from their departments, it means a lot.

First, you find totally different values, ideas and projects. It pushes you to study multiple areas in order to handle one project with your way to think about it. You learn to collaborate, to coordinate yourself with different professional specializations. You create something, you

see them totally in heterogeneous equilibrium in homogeneously.



According to the heterogeneous equilibrium, you deal with change. When you deal with change, it makes you a good communicator. It is like that combines visual arts with music or to give a better example; It means that difficulties make you something as I mentioned before like to be a good communicator. So, we indirectly to reach the meaning of "resilience"; the ability to be happy, successful in different departments in different community. At least, I am happy because to be happy in differences I dance with words. You find a chair for yourself. It makes you happy, it makes you succeed in diversity. Because diversity is what gives us strength.

Additionally, the meaning of "GAME Resilience" for me;

- is a blended family
- the colour of differences

The resilience of our blended family combines with our group members, different abilities, skills, values and faith in our individual approaches.

As a result, all these factors work through the;

Creating and developing a positive communication, erasing the negative factors, opening up for sustainable and different opportunities in order to reach own our group "**resilience**".

GIZEM TOKER

GAME Ambassador from Turkey

Resilience from the perspective of Sherine ElWattar

From the perspective of the English language, Resilience is just a noun; and it has stayed a noun for years until, not too long ago, global change-makers realized they needed to think of other ways to develop the world.

Most, and not all, of our old educational messages, mostly from the point of view of engineering schools, lecture us on how to design things without any margin of error or prevent or combat certain effects that may be negatively affecting the environment, the society or the world. The ability for something to withstand the negativity and keep standing strongly had been undermined because it didn't sound as cool as saying that we prevented the bad from even happening.

Building onto this, my very personal interpretation of this term shaped itself with the years when I first got exposed to

it by my mother as she mentioned it as a term in her sustainability PhD studies.

But afterwards, I noticed Resilience in everything that is *worthy*. Presently,



Resilience is an aspect that needs to be monitored in engineering systems and development projects. It receives enormous attention and funds to be implemented in every sector you could think of: resilient architecture, communities, projects, buildings, machines, environment-- you name it (or google it!). My community in Cairo Egypt, and I am sure it stretches globally, shows indications of tremendous resilience in the people; with increasing economic debts, discrimination and political instabilities, people found strength in themselves when they didn't know they had. Life and optimism are expanding proportionally with the difficulty of the world, and that for me could be directly connected to resilience.

On a more spiritual level with everyone I meet around the world I can spot a newly found beauty in being resilient with one's emotions. People address their feelings, their pain, their depression and potential

abuse much more confidently and proudly than before.

Even GAME is one of the practical applications of resilience in my opinion. A volunteering based organisation connecting engineers from around the Mediterranean, withstanding the distances, the different political unrest, the separate lives that are connected in a single point and all of us trying our best to join together in a movement that matters, a movement that gives unity a different taste. GAME has been and always will be resilient in the way it approaches up to date topics every year for its Michelangelo workshops, resilient in how it retains its members, resilient in re-igniting the GAME passion whenever it turns cold because of the long periods of silence. And because Resilience is what has been keeping us here, believing in our vision, I believe Resilience should also be the theme of the 2019 workshop, to give this word enough proof that it is more than just a noun, it is actually a verb. Always has been, and always will be.

And thus, since Resilience is one of my favorite words because of all of this, it brings you to a humble position where you realize you have to admit you have failed or you have been weak or you just didn't know what "right" thing to do at a time and you embrace that margin of error without deeming yourself a failure and simply dealing with it.

"Dealing with it" is resilience. And that is true success for me.

So I am looking forward to seeing how everyone can express their ideas of

resilience in a workshop themed after this word, to see what engineers around the Mediterranean have dealt with, what they find strength in, where have they utilized potential shortcomings as a foundation for a stronger build.

Connecting on crossing over a challenge creates unity. And what is GAME without unity.

SHERINE ELWATTAR

GAME Ambassador from Egypt



The word resilience originated from Latin and expresses the power to return to the original form after being compressed or the ability that someone has to recover readily from physical or mental illness. Being resilient is a goal nowadays no matter if we talk about a person, a building or an ecosystem.

EXTRACTS FROM GAMENEWS@MED 2017 N°0 & 2018 N°1

Lebanese culture through the Mediterranean Network

I'm Christine Abdel Nour, the Lebanese GAME ambassador. I graduated with a Master's degree in electrical and electronics engineering from the Holy Spirit University of Kaslik, Lebanon. Currently, I'm a PhD student at Paris-Saclay

University, Group of Electrical Engineering-Paris.

As Mediterranean countries, we are facing nowadays common crisis especially in energy management fields related to my research activities. The GAME network reflecting the Youth Spirit of the Mediterranean allowed me to share my thoughts, build visions and evaluate solutions considering various problematics with young people coming from different backgrounds. In addition, the Young Mediterranean Ambassadors Network is the perfect bridge allowing young people to enrich, share and introduce their culture to the world.

Our Lebanese culture emerged from various civilizations through years, beginning with our fathers the Phoenicians and followed by Greeks, Romans, Persians and many others. Our diversity composed of

different religious groups, cultures and civilizations built our values and lifestyle with solid and rich basis. From a painful experience, we can tell you that we understood that our diversity is a strong bond, eliminating all kinds of borders, discrimination and inequality.

As the Lebanese writer and painter Gibran Khalil Gibran said, "If you were sitting on a cloud, you wouldn't see the borders between countries".

The cloud represents our dream, a dream of eliminating borders in terms of exchanging values, cooperating to establish unified projects and plans aiming to solve various and crucial issues the Mediterranean countries are facing nowadays.



"I walk eternally on these shores, between the sand and the foam. The flow of the tide will remove my footsteps and the wind will carry away the foam. But the sea and the foam will remain eternally." (G. Khalil Gibran).

Thus from that perspective, we can understand that as Mediterranean network, our sea and shore represent our eternal roots, our common space and culture which remains despite all the

difficulties in order to build a prosperous future together.

In this spirit, it's so crucial to be able to communicate in order to complete each other and eliminate the prejudices between us. *"Open your eyes, you will see your face in all faces. Listen, you will hear your voice in all voices."* (G. Khalil Gibran).

In the water of our sea, the essence of life uniting us, each one of us draws a path reflected by his own soul. The set of these drawings will create a lifestyle, a culture, a population.

"You and your world are a small grain of sand on the infinite shore of an infinite sea" (G. Khalil Gibran). In other terms, I can tell you that if each one of us masters the art of being this infinite sea, the borders will no longer be obstacles.

It's the spirit of our Mediterranean, it's our mother of communication that must be mastered.

Finally, as Mediterranean countries, we must be willing to act with an open mind in order to reach our goals and build a sustainable and prosperous future for our network.

Christine Abdel Nour

GAME Ambassador of Lebanon

Gibran: Mediterranean Prophet for the global World

1st Dialog

Very old teacher : First of all I'm proposing you a reading of some questions and answers given by Almustafà-Gibran to a Woman, an Astronomer, a Hermit and a Poet that I've selected just to submit to you and ask you to reflect on what origin and deep roots can be recognized in the Gibran thoughts and words.

..... his ship was to return and bear him back to the isle of his birth " And then Shall I come to You, a boundless drop to a boundless ocean".

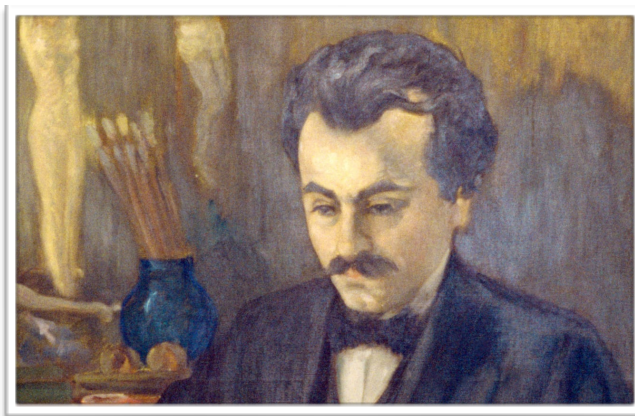
[...]

Finally, the **Spirit**. The Mediterranean **Unity**, offered to the global World, can't be achieved without a great wisdom. For



that purpose we need an eternal strong wisdom through which we can observe that our eternal treasure is reached by giving, sharing, cooperating and unconditionally loving each other.

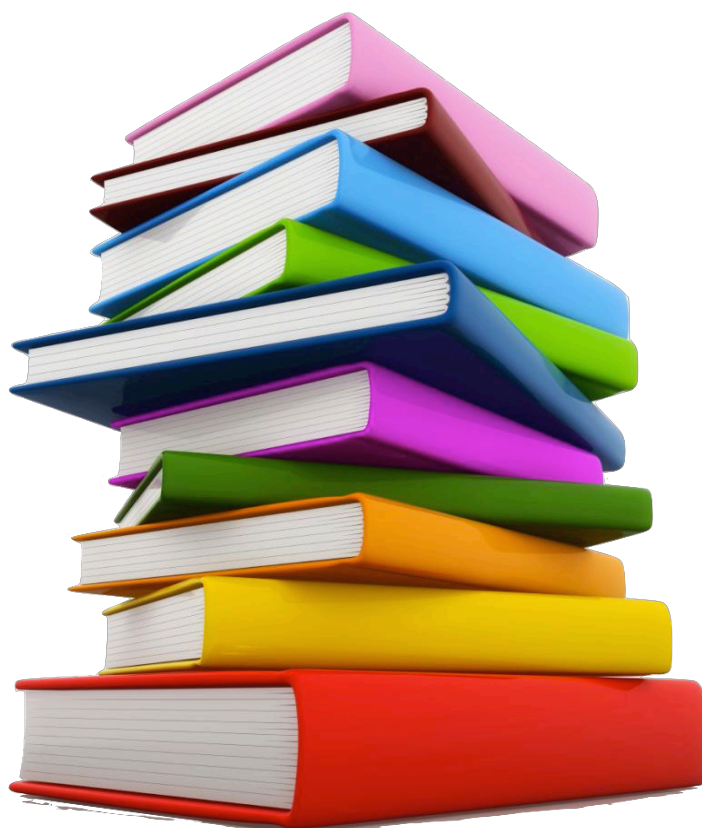
From the Prophet we can learn how to master the art of the moving sea between the shores of our souls.



ChristMass. **We are dreamers.**

Christine ABDEL NOUR
Ambassador of Lebanon

Massimo **GUARASCIO**
RMEI coordinator of GAMe



MARA LOMBARDI

INTERVIEW

- **What do you fill for being president of RMEI?**

Being president is a great responsibility. I hope to live up to this task and don't let you down. I will work hard for you Mediterranean students.

- **What does GAMe represents for you?**

GAMe aims to have students from around the Mediterranean working and communicating together in preparation of an international career. GAMe wants to answer this point by giving students the opportunity to meet each other and to work together. The goal is to make them more familiar with other cultures and other way of thinking.



- **What should we expect for these two years of work together?**

It's going to be two years of joy of working in the middle of you.

- **What we will grow from this extraordinary experience?**

It's important you keep on growing as a person. Remember that it is via GAME that young people, can grow as individuals but with the consciousness of sharing the responsibility to take care of the Mediterranean identity for the future of the Mediterranean.

Interviewed by Francesca Romana Veriani deputy editor of
GAMeNews@Med

NEXT & FORTHCOMING RMEI AND GAME EVENTS:

2019 March

- 26 Workshop Target (Roma, Sapienza)
- 27 RMEI General Assembly (Roma, Sapienza)
- 28 GAME Day, "Blue Economy and Marine&Maritime Professional jobs for Mediterranean", GAMeMichelangeloHomere Forum (Civitavecchia, Port Authority).

2019 June

- 26-30 June Workshop Michelangelo 2019 (Roma, Sapienza - L'Aquila Università).

VII WORKSHOP MICHELANGELO 26-30 JUNE 2019 ROMA

Wednesday 26 June 2019

12h Reception and Welcome

Afternoon session "History and Culture"

History of Mediterranean, RMEI, WorkShop Michelangelo, GAMe
"Cultures of Mediterranean".

*Responsible persons : Massimo, Leo, Ibtisam, Mara....
Scientific competition among participants*

Thursday 27 June

"Resilience and Disaster Risk Reduction"

Morning session: "Mobility Resilience"

*Responsible persons : Valeo, Sapienza, VGS ..
Scientific competition among participants*

Afternoon session "Territorial Resilience"

*Responsible persons: (Monica, Elisabetta, Ilenia), Anas, Autostrade...
Scientific competition among participants*

Friday 28 June

"Energy Sustainability and Climate Change"

Morning session: "Environment Resilience and Industrial Risk Reduction"

Responsible persons: Anastasia, Christine, Dekhra, Shereen...

Scientific competition among participants

Afternoon session "GAME Board Election"

Paintings and Video Competition among participants

Saturday 29 June

"L'Aquila Day"

The day that will be spent in L'Aquila focuses on natural risks and will be divided into two parts: firstly, a guided tour of the building sites of the city's historic centre and, secondly, a gaming simulation based on seismic risk in L'Aquila. During the tour, the participants will be able to see a unique European example of a whole historic centre in which the reconstruction is undertaken using innovative techniques and equipment. The tour will be guided and presented by technical experts. After having lunch at the Roio Engineering Campus, the participants, divided into thematic teams (transportation and mobility, environment, public areas, services, housing), will take part in a gaming simulation session, and will have to come up, depending on their assigned roles, with a plan with different outcomes in the eventuality of a seismic event. The day will end with feedback from the experts.

Morning session: "Visit of the earthquake area "

Afternoon session "Disaster Game Simulation and Competition among participants"

Responsible persons: Paola R., Sonia G., Sophie, Lorena, L'Aquila group

Sunday 30 June

09h-13h Rome Guided Walk from Piazza Navona to San Peter Basilica Vatican

